

Walk. Run. Support.

BRIGHTRUN.ca



Thank you for supporting breast cancer research at the JCC.

BRIGHT RUN 2016 - September 10, 2016. March 8, 2016

Exciting BRIGHT events all around.

Sure, we may get more snow, but we know spring is on the way because we've seen that BRIGHT sunshine for at least a few days! And if spring is coming, that means the 9th annual BRIGHT RUN is sneaking up on us too.

We want to share the excitement with you as we all get ready for our walk/run in September, a day when we come together to raise funds for breast cancer research at our own Juravinski Cancer Centre.

In this month's eNewsletter, breast cancer survivor Cathy Williams writes from the heart in telling her story of diagnosis, treatment and life after breast cancer. And she tells us how her approach to life has changed in the aftermath.

Celebrate the most recent recognition bestowed upon BRIGHT RUN executive member Dr. Bindi Dhesy and join us in congratulating her.

Were you not to be inspired by whirlwind volunteer Hadley Middleton, a 14-year-old Grade 9 student who has become an amazing BRIGHT ambassador!

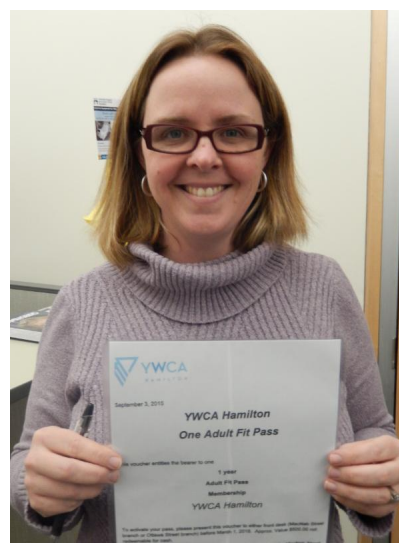
And in our community section, learn about the annual BRIGHT rounds at the end of this month. Find out how rockin' at the Corktown will raise money for the BRIGHT RUN, as well as how much was raised by BRIGHT RUN team In It To Win at a night of music, fun and prizes.

[Register Now](#)





Congratulations to our Registration Contest Winner - Kathleen Bell! She registered before March 1st and was randomly drawn to win the YWCA year pass! Congratulations Kathleen!



My BRIGHT Story

Cathy's Story

I am a 46-year-old mother, wife, sister, daughter and Registered Nurse, not always in that order. We had just moved into our new home, which my husband and I built from the ground up. My kids had started at their newschool, one in Grade 2, the other in JK.

I am from a family of four girls. My mother died of leukemia at age 45. I was 10 years old. Her sister died of uterine cancer when she was in her 40s, and their fraternal grandmother and her daughter also passed away from cancer. To say I have a family history is putting it mildly.



[Read More about Cathy](#)

This is my sister's mantra, which she lets me use too:

"If you're going through hell, keep going."
- Winston Churchill



BRIGHT Spotlight

BRIGHT Folks



Last spring, Hadley Middleton was looking for

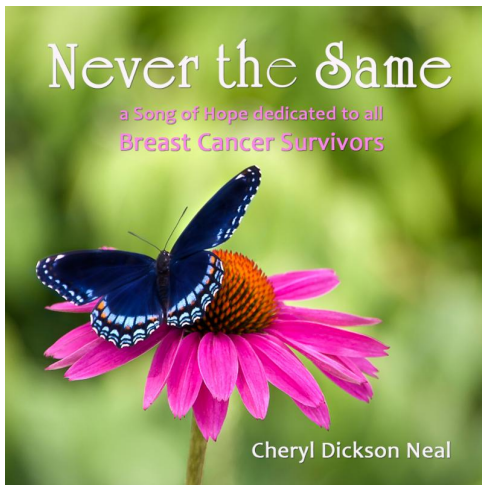


Congratulations to BRIGHT RUN executive member Dr. Bindi Dhesy, who was named the 2015 Outstanding Clinical Teacher of the Year in Medical Oncology.

[Read More](#)

Last spring, Hailey Middleton was looking for volunteer work as she headed into high school. Her mom, Nicole, a radiation therapist at the Juravinski Cancer Centre, suggested she sell some tickets in the cancer centre lobby.

[Read More](#)



At the 2015 BRIGHT RUN Cheryl Dixon Neal sang her beautiful song "[Never the Same](#)" a dedication to breast cancer survivors.

Now available online, you can purchase this song and proceeds will support BRIGHT RUN 2016.

Visit the website for more information and to hear the song again.

[Never the Same](#)

BRIGHT Events Rockin' at the Corktown

BRIGHT RUN team Rockers 4 Knockers wants to see you April 16 at the Corktown Tavern, 175 Young Street, for a night of raising the roof and raising some money!

It's Time for BRIGHT RUN Rounds

BRIGHT RUN rounds are coming to the Juravinski Cancer Centre March 31.

This annual event is an opportunity for health care professionals at the JCC to learn how the money raised by the BRIGHT RUN translates into research, and what impacts that research has.

Three studies will be presented in detail and there will be an update about the growth of the BRIGHT RUN, as well information for staff about how they can become part of this important and exciting event.

BRIGHT RUN Rounds take place March 31 at noon in the JCC lecture theatre.



In It To Win Raises Big Bucks!

A limited number of fabulous team T-shirts will also be for sale at the event, but it's better to order them in advance. The T-shirts are \$15 each and can be ordered by March 19 from Martin Butcher or Carmela Oliverio or by emailing Carmela at atcarmeeeo@gmail.com.

BRIGHT RUN team In It To Win raised \$1,800 during an evening of music and fun at the George Hamilton east Mountain location.

The Feb. 6 event, hosted by the Stampone family, drew about 75 family members and friends, who enjoyed a great show by Ragdoll and had a chance at numerous terrific door prizes.

Popular demand throughout the evening will lead to third annual event in the future. The organizers send a big thank you to all who attended, and those who donated prizes and their time.

CALLING FOR BRIGHT VOLUNTEERS!!



The BRIGHT Run is looking for three "keepers" to organize our energetic teams of volunteers.

[Click Here to learn more](#)



[Click here to get tickets](#)



BRIGHTRUN | Juravinski Cancer Centre, 699 Concession Street, Hamilton, ON L8V 5C2 Canada

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