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BRIGHTRUN.ca



Thank you for supporting breast cancer research at the JCC.

BRIGHTRUN 2016 - September 10, 2016. April 29, 2016

## Spring Has Truly Sprung

It looks like Spring has truly sprung after a few false starts. And Spring means the BRIGHT RUN is getting closer by the minute.

BRIGHT RUN teams are revving up their fundraising efforts, getting an early start at meeting or exceeding their goals. In the midst of all the busy-ness, take some time to smell the flowers....and to read about some inspiring people and cool events.

This month, survivor Cornelia Schupp-Fitzpatrick takes us through her breast cancer experience, chock full of both tears and laughter. She knows her life has been changed by breast cancer in many ways, but she's not willing to let that experience define her.

Breast cancer treatment is constantly evolving as researchers look for ways to improve on the status quo. Read about how the BRIGHT RUN provides funding for studies such as one by radiation oncologist Dr. Do-Hoon Kim, who is looking to fine tune and target radiation therapy for people with breast cancer.

Get to know BRIGHT RUN volunteer Pauline Gardiner, whose keen eye and creative flair results in gift baskets extraordinaire. Pauline's raffle table prizes get better every year –and raise more and more money for the BRIGHT RUN.

And if you're looking for something to do –or if you're tired of yard work and need a break - peruse the range of events coming up in the next few weeks. There's some glitz, some glamour and a whole lot more!

[Register Now](#)



## My BRIGHT Story

### Cornelia's Story

My story begins in the summer of 2007. I had just lain down to go to sleep and was rolling onto my side. As I rolled over, I adjusted my breast out of the way from being squashed. I noticed there seemed to be a lump on my left breast. I turned onto my back and investigated further. There was

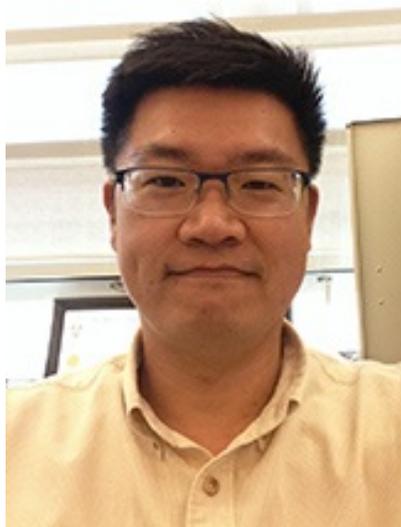
definitely a lump. I asked my husband to feel it to see if he thought there was a lump. He agreed there was a lump. We lay there discussing what it could be and at that time we decided that if it was cancer, I would have a mastectomy. He assured me he would still love me the same.



[Read More about Cornelia](#)



## BRIGHT Spotlight



[Read More about Dr. Do-Hoon Kim](#)

### Your BRIGHT Dollars in Action: Dr. Do-Hoon Kim

BRIGHT RUN funding helped a researcher at the Juravinski Cancer Centre figure out the best way to use radiation therapy to treat people with breast cancer.

And the funding that made that relatively small study possible has led to a larger grant from the Canadian Breast Cancer Foundation.

At the BRIGHT RUN rounds recently, radiation oncologist Dr. Do-Hoon Kim outlined the issues that arose in his study aimed at fine-tuning and targeting radiation therapy for people with breast cancer.



## BRIGHT Folks



### Volunteer Pauline Gardiner's Magic Touch

Give Pauline Gardiner a gift basket to fill and the result will be an attention-grabbing masterpiece chock full of goodies that practically sells itself on a raffle table!

Pauline, a booking clerk in Clinic D at the Juravinski Cancer Centre, has been a BRIGHT RUN volunteer since 2009. She is passionate about helping those who have been affected by breast cancer and understands the vital impact fundraising can have in the fight against breast cancer.

It's very personal for Pauline, who lost her grandmother, Elizabeth McDonald, and her mother, Joan Cook, to breast cancer.

[Read More about Pauline](#)

### New Coordinator for BRIGHT volunteers

The BRIGHT RUN welcomes Aryn Sousa as our new volunteer coordinator and producer of our eNewsletter.

Aryn, Sales and Marketing Coordinator at Allegra, an innovative business printing and marketing company on York Boulevard, is no stranger to the BRIGHT RUN. For four years, she was responsible for Allegra's FootPRINT Fund, which awards \$20,000 worth of marketing and branding services to non-profit and charitable organizations in the Hamilton area each year.

The BRIGHT RUN has received FootPRINT Fund awards for the past three years.

[Read more about Aryn](#)

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## BRIGHT Events



### Glam Up With Some Julz

Think Mom. Think Mother's Day. Think glamjulz! Monica Graves brings her glamjulz to the Juravinski Hospital lobby on Wednesday May 4 from 10 a.m. to 4 p.m., showcasing her beautiful creations, as well as taking orders for the BRIGHT RUN collection items.

It's a great opportunity to pick up a little something sparkly for the Moms in your life. Take a look at Monica's creation on her website at [www.glamjulz.com](http://www.glamjulz.com)

[Read more](#)



### Nancy, Our Very Own Super Model

BRIGHT RUN event chair Nancy McMillan takes to the runway—as she has with great style in the past—at the Ancaster AM Rotary Cosmopolitan Affair on Thursday, May 19 at Michelangelo Banquet Centre on Upper Ottawa Street.

The evening's proceeds will go toward the creation of the new C3 Oncology and C4 Hematology units at the Juravinski Hospital and Cancer Centre.

The evening includes live entertainment, door prizes and a silent auction. For more information and to purchase tickets, visit <http://ancasterrotary.ca/cosmo/>

Doors  
Open  
Hamilton

Click here to get tickets



### Lights, Camera, Action!

A BRIGHT RUN spokesperson will be interviewed at Cable 14 on Saturday May 7 at 10:35 a.m. as part of the community cable station's Doors Open Hamilton event.

Folks are invited and encouraged to visit the studio at 150 Dundurn Street South between 10 a.m. and 4 p.m. to tour the facilities and check out live TV production. For more information about Doors Open Hamilton, visit <http://www.doorsopenontario.on.ca>



### Take It All Off For Charity

By the Willow, a Dunnville day program for those living with a life-limiting or life-threatening disease, is looking for a few good women for a fundraising project.

The cover of the calendar is created through a unique event in which women of "all sizes and ages" will strip down to nothing, lay in a private field and have an overhead pilot take photos.

That photo will be taken August 13 and By the Willow is looking for 150 women to participate in spelling "WARRIORS."

For more information or to register for this empowering and inspiring event, contact Tamara Lovegrove, By the Willow's fundraising coordinator, at 905-229-9011.

### Save the Date: Pink in the Park

Mark your calendars and get your pink on. On Sunday June 5, the Hamilton Cardinals will host Pink in the Park to support the BRIGHT RUN and breast cancer awareness.

Before the game at Bernie Arbour Stadium in the Mohawk Sports Complex, Beverly Pond will throw out the ceremonial first pitch. BRIGHT RUN representatives will be on hand to cheer her on and promote the run.

The Hamilton Cardinals Intercounty Baseball League (IBL) team has been part of the Hamilton community since 1958. The team, the second oldest sports team in the city, is made up of 25 players and three coaches. These players, ranging in age from 18 to 35, are currently or have been enrolled in and played baseball for NCAA schools in the U.S. or for OUA schools.

Check out the Cardinals at [www.iblcardinals.com](http://www.iblcardinals.com), become a fan on Facebook at [www.facebook.com/HamiltonCardinals](http://www.facebook.com/HamiltonCardinals) and follow the team on Twitter at [www.twitter.com/HamCardinalsIBL](http://www.twitter.com/HamCardinalsIBL)

Read more

More information



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